



www.cheharinstitute.in

CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

Bachelor's in Alternative System of Medicine (BASM)

PROSPECTUS 2026

ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.





WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion



► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.

BACHELOR'S IN ALTERNATIVE SYSTEM OF MEDICINE (BASM)

Holistic Healthcare & Wellness Sciences

About the Course:

The Bachelor's in Alternative System of Medicine (BASM) is a comprehensive 2-year degree program designed to provide students with in-depth knowledge of alternative healthcare systems, naturopathy, nutrition, and holistic wellness. The program combines the principles of natural medicine with fundamental health sciences, enabling learners to understand preventive healthcare, wellness management, and drugless healing approaches.

The curriculum offers comprehensive theoretical knowledge in anatomy, physiology, pathology, alternative medicine, nutrition science, herbal studies, yoga therapy, and community medicine. It is designed to develop a strong academic foundation for individuals aspiring to build a career in holistic healthcare, wellness education, and natural medicine.

It emphasizes a holistic approach to health by exploring the interrelationship between the human body, nutrition, lifestyle, and natural healing principles. It encourages learners to develop a comprehensive understanding of wellness through preventive healthcare, health education, and evidence-based natural therapies. The program is designed to enhance academic knowledge and prepare students for higher education, research, wellness consultancy, and various opportunities in the growing field of alternative and holistic healthcare.



BACHELOR'S IN ALTERNATIVE SYSTEM OF MEDICINE (BASM)

Holistic Healthcare & Wellness Sciences

Course Objectives:

Upon successful completion of the course, learners will be able to:

- Understand the fundamentals of alternative systems of medicine.
- Develop a strong foundation in anatomy, physiology, and pathology.
- Learn the principles and practices of naturopathy and natural healing.
- Gain knowledge of nutrition science, herbal medicine, and preventive healthcare.
- Apply yoga therapy and lifestyle management for holistic wellness.
- Build practical skills for community healthcare and patient care.





COURSE DURATION:

2 Years

The two-year degree program combines academic learning, enabling students to develop the knowledge, confidence, and professional skills required for holistic healthcare practice.



COURSE FEE:

₹30,000/-

The course fee includes comprehensive study materials, academic guidance, practical learning support, assessments, and certification upon successful completion of the program.





ELIGIBILITY

- 10+2 (Higher Secondary) or Equivalent Qualification
- Minimum 2–4 Years of Practical Experience in the Relevant Field



WHO CAN ENROLL

- 12th Pass Students
- Healthcare Aspirants
- Wellness Professionals
- Yoga Practitioners
- Fitness Trainers
- Alternative Medicine Enthusiasts
- Working Professionals
- Individuals passionate about Holistic Healthcare



CAREER OPPORTUNITIES

- Alternative Medicine Practitioner
- Wellness Consultant
- Naturopathy & Lifestyle Advisor
- Yoga & Wellness Therapist
- Community Health Educator
- Health & Wellness Centre Coordinator
- Preventive Healthcare Consultant



COURSE CURRICULUM:

- Human Anatomy, Physiology & Pathology
- Alternative Medicine & Naturopathy
- Nutrition Science & Herbal Studies
- Yoga Therapy & Preventive Healthcare

ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.





START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

GET IN TOUCH:



Chehar Institute: Gujarat, India



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