



[www.cheharinstitute.in](http://www.cheharinstitute.in)

# CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

**Bachelor of Naturopathy & Yogic Sciences (BNYS)**

PROSPECTUS 2026



# ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.







# WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion

## ► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

## ► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.



# BACHELOR OF NATUROPATHY & YOGIC SCIENCES (BNYS)



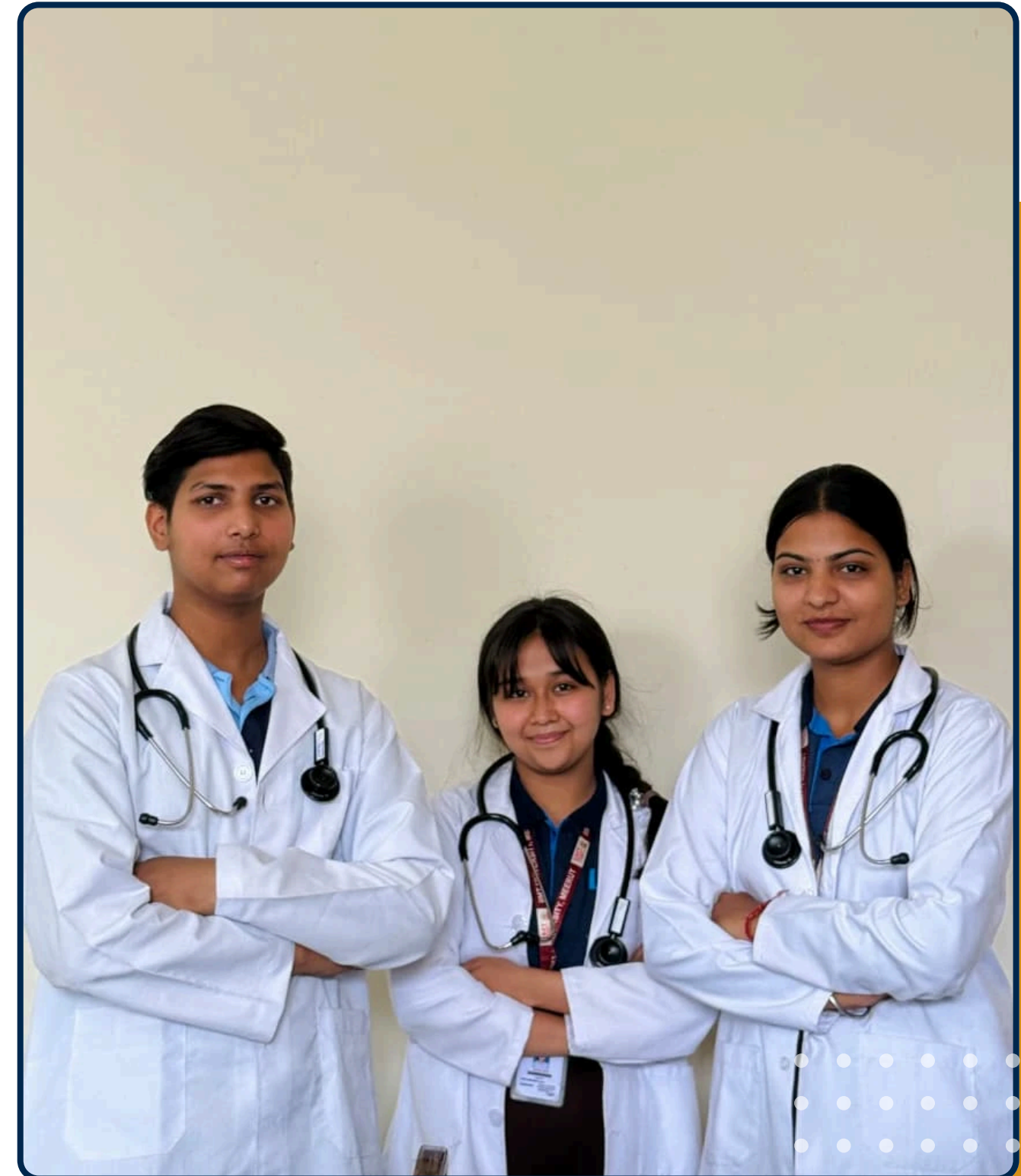
## Our Flagship Degree in Natural Healthcare

### About the Course:

The Bachelor of Naturopathy & Yogic Sciences (BNYS) is a comprehensive 4.5-year undergraduate degree, followed by a 1-year compulsory clinical internship, designed to develop skilled professionals in natural and holistic healthcare. The program combines modern medical sciences with traditional naturopathy and yoga, enabling students to understand disease prevention, health promotion, and natural healing therapies.

The curriculum integrates classroom learning, practical training, and clinical exposure to prepare graduates for professional practice in naturopathy, wellness, and holistic healthcare. Students gain in-depth knowledge of human anatomy, physiology, nutrition, yoga therapy, hydrotherapy, and natural treatment modalities while developing the skills required to deliver patient-centered care.

The BNYS program emphasizes a holistic approach to healthcare by focusing on identifying and addressing the root cause of illness rather than merely managing symptoms. Students are trained to integrate natural therapies, yogic practices, nutrition, and lifestyle modifications to promote healing and overall well-being. With a strong emphasis on preventive healthcare, evidence-based practices, and patient-centered care, graduates are equipped to meet the growing demand for qualified professionals in the fields of naturopathy, wellness, and integrative medicine.





# BACHELOR OF NATUROPATHY & YOGIC SCIENCES (BNYS)

Our Flagship Degree in Natural Healthcare

## Course Objectives:

Upon successful completion of the program, students will be able to:

- ✓ Understand the principles and philosophy of Naturopathy & Yogic Sciences.
- ✓ Develop a strong foundation in medical sciences and natural healing therapies.
- ✓ Learn to assess, diagnose, and manage health conditions using holistic approaches.
- ✓ Promote preventive healthcare and healthy lifestyle practices.
- ✓ Gain practical clinical experience through supervised training and internship.
- ✓ Build the knowledge and confidence required for professional naturopathic practice.







## COURSE DURATION:

**4.5 Years + 1 Year  
Compulsory Internship**

The program combines academic learning with extensive clinical training, ensuring graduates are well-prepared for professional practice and patient care.



## COURSE FEE:

**₹1,99,999/-**

The course fee includes academic learning, study materials, practical training, clinical exposure, and internship guidance as per the institute's academic regulations.







# ELIGIBILITY

Candidates who have successfully completed 12th Standard (Science Stream) or an equivalent qualification from a recognized board are eligible to apply. A background in Physics, Chemistry, and Biology (PCB) is recommended as per the institute's admission guidelines.



## WHO CAN ENROLL

- 12th Science (PCB) Students
- Healthcare Aspirants
- Yoga Enthusiasts
- Wellness Professionals
- Individuals passionate about Natural Medicine
- Students seeking a career in Holistic Healthcare
- Future Naturopathy Practitioners



## CAREER OPPORTUNITIES

- Naturopathy Physician
- Yoga Therapist
- Wellness Consultant
- Lifestyle & Preventive Healthcare Consultant
- Nutrition & Diet Therapy Practitioner
- Clinical Practitioner
- Health & Wellness Centre Manager
- Academician or Research Associate







## COURSE CURRICULUM:

- Anatomy & Physiology
- Biochemistry & Pathology
- Naturopathy & Hydrotherapy
- Yoga Therapy
- Nutrition & Diet Therapy
- Community Medicine
- Clinical Training & Internship

## ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.







# START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

## GET IN TOUCH:



**Chehar Institute: Gujarat, India**



**Phone: +91-8369285230**



**Email: [cheharinstitute@gmail.com](mailto:cheharinstitute@gmail.com)**



**Website: [www.cheharinstitute.in](http://www.cheharinstitute.in)**