



[www.cheharinstitute.in](http://www.cheharinstitute.in)

# CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

**Diploma in Dietetics**  
PROSPECTUS 2026

# ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.





# WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion



## ► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

## ► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.

# DIPLOMA IN DIETETICS

## Therapeutic Nutrition Management

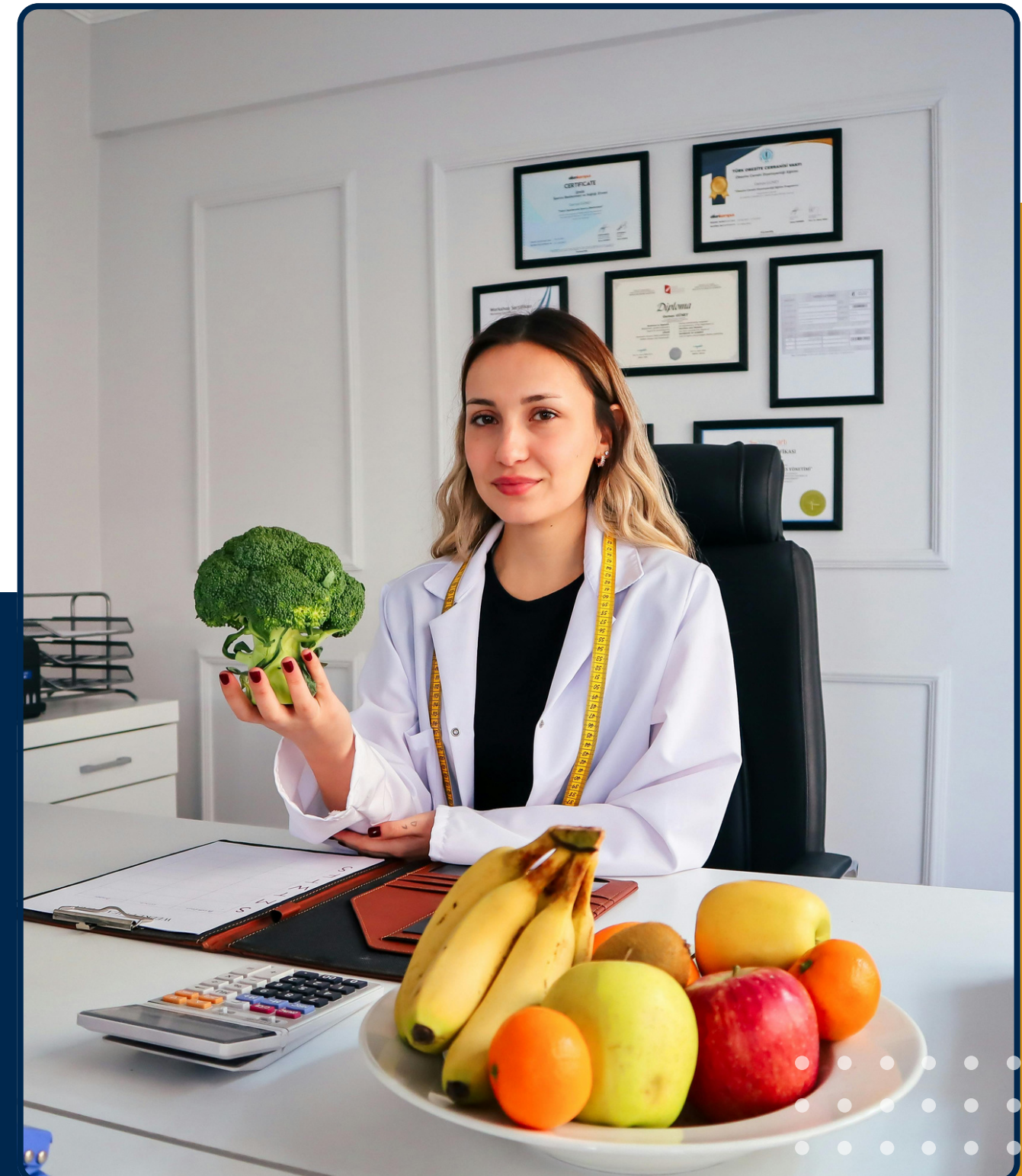
### About the Course:

The Diploma in Dietetics is a professionally designed 2-month certification program that provides learners with a strong foundation in therapeutic nutrition and dietary management. The course focuses on the relationship between food, nutrition, and health, enabling students to understand how appropriate dietary practices can help prevent, manage, and support the treatment of various health conditions.

Through a practical and easy-to-understand curriculum, students will learn the fundamentals of clinical nutrition, therapeutic diets, meal planning, patient care, and nutrition counselling. The program equips learners with the knowledge and skills to promote healthy eating habits, support individuals with specific nutritional needs, and contribute to overall health and wellness.

### Course Objectives:

- ✓ Understand the fundamentals of dietetics and clinical nutrition.
- ✓ Learn the principles of therapeutic diet planning.
- ✓ Develop balanced meal plans for different health conditions.
- ✓ Understand nutritional requirements for patients across various age groups.
- ✓ Build effective nutrition counselling and communication skills.
- ✓ Promote healthy eating habits and preventive healthcare through proper nutrition.





## COURSE DURATION: **2 MONTHS**

This short-term certification program is designed to provide comprehensive knowledge within a structured learning schedule. The flexible learning approach makes it suitable for students, working professionals, and individuals seeking to enhance their knowledge in nutrition and dietetics.



## COURSE FEE:

**₹9,999/-**

The course fee includes comprehensive study material, academic guidance, assessments, and certification upon the successful completion of the program.





# ELIGIBILITY

Candidates who have successfully completed 10th Standard (SSC) or an equivalent qualification from a recognized board are eligible to enroll. No prior knowledge of nutrition, dietetics, or healthcare is required.



## WHO CAN ENROLL

- Students
- Homemakers
- Working Professionals
- Fitness Trainers
- Yoga Instructors
- Healthcare Aspirants
- Anyone interested in Clinical Nutrition and Dietetics



## CAREER OPPORTUNITIES

After completing the Diploma in Dietetics, learners can explore opportunities as:

- Dietetics Assistant
- Clinical Nutrition Assistant
- Nutrition Counsellor
- Diet Planning Assistant
- Wellness Advisor
- Community Health Educator



# COURSE CURRICULUM:

- Diet Planning & Clinical Nutrition
- Therapeutic Diets
- Meal Planning
- Patient Nutrition
- Nutrition Counselling

# ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.





# START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

## GET IN TOUCH:



**Chehar Institute: Gujarat, India**



**Phone: +91-8369285230**



**Email: [cheharinstitute@gmail.com](mailto:cheharinstitute@gmail.com)**



**Website: [www.cheharinstitute.in](http://www.cheharinstitute.in)**