



www.cheharinstitute.in

CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

Diploma in Naturopathy (ND)
PROSPECTUS 2026

ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.





WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion



► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.

DIPLOMA IN NATUROPATHY (ND)

Natural Healing & Drugless Therapies

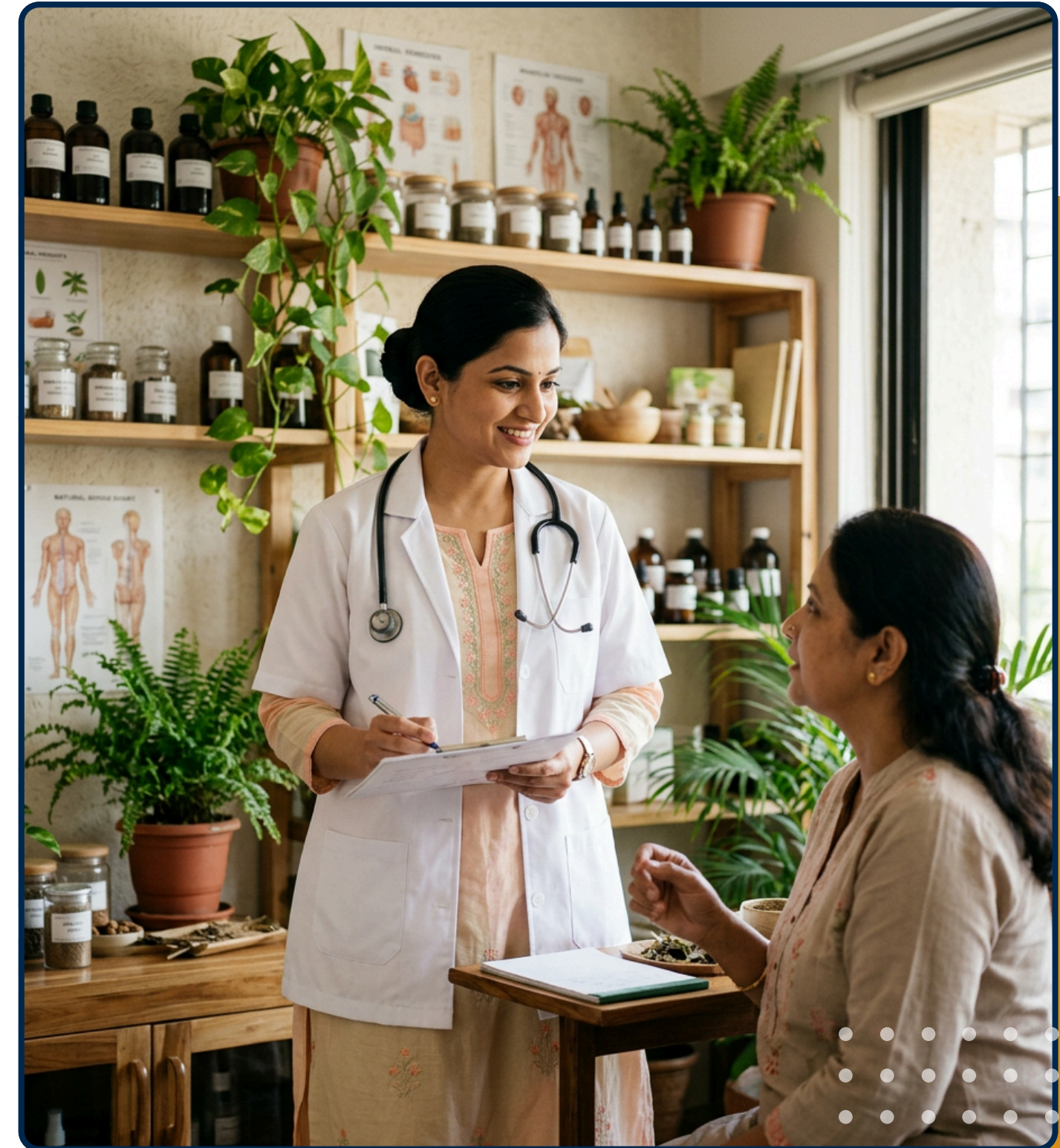


About the Course:

The Diploma in Naturopathy (ND) is a comprehensive 1-year certification program designed to introduce learners to the principles and practices of natural healing. The course focuses on promoting health through drugless therapies, lifestyle modifications, and the body's natural healing abilities. Students gain a strong foundation in naturopathic philosophy, anatomy, physiology, and various natural treatment methods.

The curriculum provides comprehensive theoretical knowledge of hydrotherapy, mud therapy, fasting, massage therapy, yoga, and meditation, enabling learners to understand their role in promoting overall health and well-being. This program is ideal for individuals interested in holistic healthcare, preventive wellness, and natural healing, while also serving as a foundation for advanced studies in naturopathy and allied health sciences.

It also serves as an excellent foundation for those wishing to pursue advanced studies or build a career in the field of naturopathy and complementary healthcare.



DIPLOMA IN NATUROPATHY (ND)

Natural Healing & Drugless Therapies

Course Objectives:

Upon successful completion of the course, learners will be able to:

- Understand the principles and philosophy of naturopathy.
- Learn the fundamentals of human anatomy and physiology.
- Gain practical knowledge of natural and drugless therapies.
- Understand the therapeutic applications of hydrotherapy and mud therapy.
- Learn the benefits of fasting, massage therapy, yoga, and meditation.
- Promote preventive healthcare and holistic wellness through natural healing practices.





COURSE DURATION:

1 Year

This one-year certification program provides a balanced combination of theoretical learning, enabling students to develop a strong understanding of naturopathy and natural healing therapies.



COURSE FEE:

₹20,000/-

The course fee includes comprehensive study materials, academic guidance, assessments, and certification upon successful completion of the program.





ELIGIBILITY

Candidates who have successfully completed 10th Standard (SSC) or an equivalent qualification from a recognized board are eligible to enroll. No prior medical or healthcare knowledge is required.



WHO CAN ENROLL

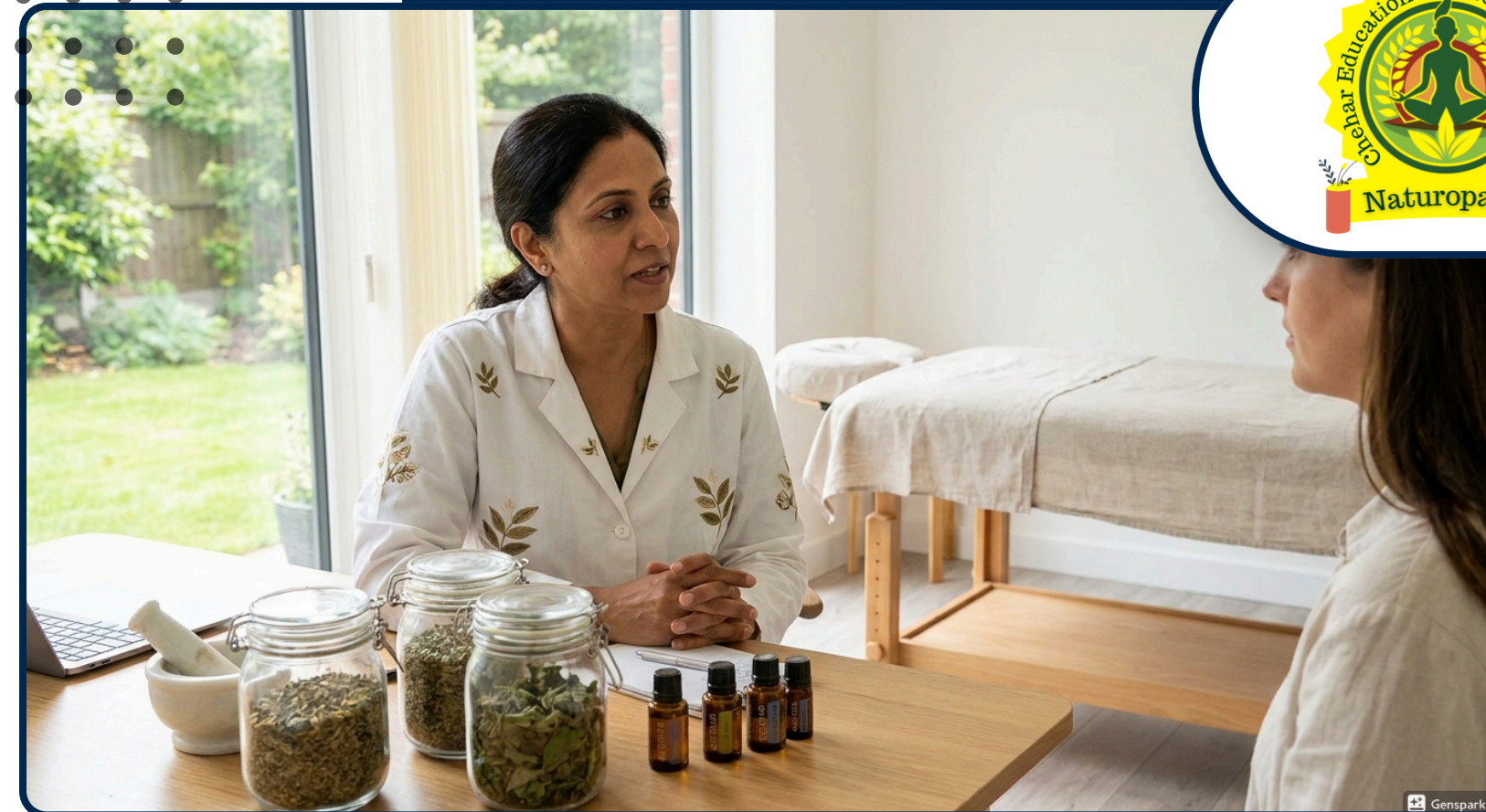
- Students
- Homemakers
- Working Professionals
- Healthcare Aspirants
- Yoga Practitioners
- Wellness Coaches
- Fitness Enthusiasts
- Individuals interested in Natural Healing and Holistic Healthcare



CAREER OPPORTUNITIES

After successfully completing the Diploma in Naturopathy, learners can explore opportunities as:

- Naturopathy Assistant
- Wellness Consultant
- Natural Health Advisor
- Yoga & Lifestyle Coach
- Holistic Wellness Practitioner
- Community Health Educator



COURSE CURRICULUM:

- Introduction to Naturopathy
- Human Anatomy & Physiology
- Hydrotherapy & Mud Therapy
- Fasting & Massage Therapy
- Yoga & Meditation

ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.





START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

GET IN TOUCH:



Chehar Institute: Gujarat, India



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