



www.cheharinstitute.in

CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

General Health & Diseases
PROSPECTUS 2026

ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.





WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion

► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.

GENERAL HEALTH & DISEASES

Health Awareness Essentials

About the Course:

The General Health & Diseases program is a comprehensive 3-month certification course designed to provide learners with essential knowledge of human health, common diseases, hygiene, and preventive healthcare. The course focuses on building health awareness by helping students understand the causes, symptoms, prevention, and basic management of common health conditions.

Through practical and easy-to-understand learning, students will gain knowledge about first aid, sanitation, healthy lifestyle practices, and disease prevention. This course is ideal for individuals who wish to improve their health awareness, support their families and communities, or build a foundation for further studies in healthcare and wellness.

Course Objectives:

- ✓ Understand the fundamentals of human health and common diseases.
- ✓ Learn the importance of preventive healthcare and early disease awareness.
- ✓ Develop basic knowledge of first aid and emergency response.
- ✓ Understand the role of hygiene and sanitation in disease prevention.
- ✓ Promote healthy lifestyle habits for improved physical and mental well-being.
- ✓ Build a strong foundation for further learning in health and wellness.





COURSE DURATION: **3 MONTHS**

This three-month certification program provides a structured learning experience that combines essential health knowledge with practical applications, making it suitable for learners from all backgrounds.



COURSE FEE: **₹12,999/-**

The course fee includes comprehensive study materials, academic guidance, assessments, and certification upon successful completion of the program.





ELIGIBILITY

Candidates who have successfully completed 10th Standard (SSC) or an equivalent qualification from a recognized board are eligible to enroll. No prior medical or healthcare knowledge is required.



WHO CAN ENROLL

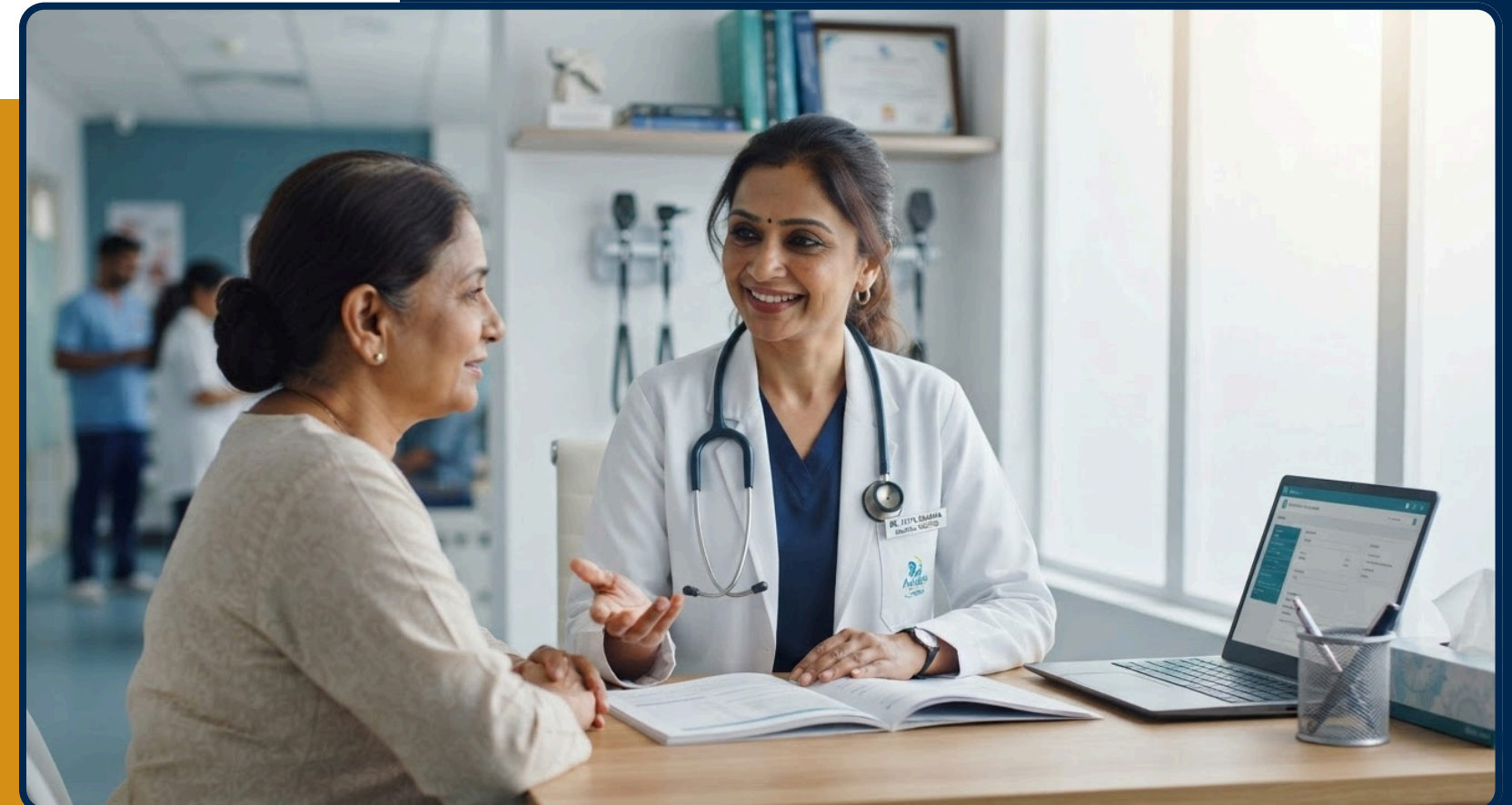
- Students
- Homemakers
- Working Professionals
- Healthcare Aspirants
- Community Health Workers
- Fitness & Wellness Enthusiasts
- Teachers and Caregivers
- Anyone interested in health awareness and preventive care



CAREER OPPORTUNITIES

After completing this course, learners can explore opportunities as:

- Health Awareness Educator
- Community Health Volunteer
- Wellness Assistant
- Healthcare Support Assistant
- Health Promotion Coordinator
- Public Health Awareness Volunteer





COURSE CURRICULUM:

- Human Health & Common Diseases
- Prevention & First Aid Awareness
- Hygiene & Sanitation
- Healthy Lifestyle Principles

ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.





START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

GET IN TOUCH:



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