



www.cheharinstitute.in

CHEHAR INSTITUTE

Empowering Future Healthcare & Wellness Professionals

Specialization in Naturopathy (Ph.D.)

PROSPECTUS 2026

ABOUT CHEHAR INSTITUTE

Shaping Careers. Promoting Wellness. Empowering Lives.

Chehar Institute is a premier educational institution dedicated to excellence in health, nutrition, wellness, and allied sciences. Our mission is to provide high-quality education that equips students with the knowledge, practical skills, and confidence required to excel in today's evolving healthcare and wellness industry.

We believe that education is more than earning a qualification—it is about developing the ability to create a positive impact on individuals and communities. Through our carefully designed programs, we aim to nurture competent professionals who are committed to lifelong learning, ethical practices, and holistic well-being.

Whether you are a student beginning your educational journey, a healthcare professional looking to upgrade your skills, or an individual passionate about health and wellness, Chehar Institute provides the right platform to achieve your academic and career aspirations.





WHY CHOOSE CHEHAR INSTITUTE?

- ✓ Industry-Oriented Curriculum
- ✓ Experienced Faculty & Academic Support
- ✓ Flexible Learning Environment
- ✓ Practical & Application-Based Education
- ✓ Affordable Fee Structure
- ✓ Career-Focused Programs
- ✓ Student-Centric Learning Approach
- ✓ Certificate Upon Successful Completion



► Our Vision

To be a leading institution in health, nutrition, and wellness education by delivering quality, innovative, and career-focused learning that empowers individuals to build healthier communities and successful careers.

► Our Mission

To provide accessible, practical, and industry-oriented education that equips learners with the knowledge, skills, and ethical values needed to excel in the healthcare and wellness sector while promoting lifelong learning and holistic well-being.

SPECIALIZATION IN NATUROPATHY (PH.D.)

Advanced Research & Scientific Excellence

About the Course:

The Doctor of Philosophy (Ph.D.) in Naturopathy is a prestigious 3-year doctoral program designed for scholars and professionals seeking advanced academic specialization in naturopathy, integrative healthcare, and scientific research. The program focuses on developing expertise in research methodology, evidence-based healthcare, lifestyle medicine, and advanced naturopathic principles.

The curriculum is structured to enhance analytical thinking, critical evaluation, scientific writing, and independent research skills. Through comprehensive academic study and guided thesis work, scholars gain the knowledge required to contribute to the advancement of naturopathy, healthcare education, and research. This program is ideal for professionals aspiring to become researchers, academicians, healthcare educators, and leaders in the field of holistic medicine.



SPECIALIZATION IN NATUROPATHY (PH.D.)

Advanced Research & Scientific Excellence

Course Objectives:

Upon successful completion of the program, scholars will be able to:

- Develop advanced research and analytical skills in naturopathy.
- Understand research methodology, biostatistics, and scientific investigation.
- Study advanced concepts of naturopathy and integrative healthcare.
- Strengthen knowledge of clinical nutrition and lifestyle medicine.
- Develop expertise in scientific writing, literature review, and research publication.
- Conduct independent research and contribute to the advancement of naturopathy and holistic healthcare.





COURSE DURATION:

3 Years

The three-year doctoral program provides comprehensive academic learning with a strong emphasis on research, scientific writing, and thesis development under academic guidance.



COURSE FEE:

₹50,000/-

The course fee includes academic guidance, study materials, research support, thesis evaluation, and certification upon successful completion of the program.





ELIGIBILITY

- Passed 10th and 12th Standard in Science, Arts, or Commerce with a minimum of 50% marks from a recognized board.
- Master's Degree (M.D.) or an equivalent qualification in Naturopathy or a related field from a recognized institution.
- Minimum 5 years of professional experience in the field of Naturopathy or Holistic Healthcare.



WHO CAN ENROLL

- M.D. Graduates in Naturopathy
- Healthcare Educators
- Researchers
- Naturopathy Practitioners
- Wellness Consultants
- Alternative Medicine Professionals
- Individuals seeking academic and research excellence in Naturopathy



CAREER OPPORTUNITIES

- Research Scientist
- Academic Faculty & Professor
- Healthcare Researcher
- Naturopathy Consultant
- Healthcare Policy Advisor
- Wellness & Integrative Healthcare Expert
- Research Supervisor
- Author & Scientific Writer



COURSE CURRICULUM:

- Research Methodology & Biostatistics
- Advanced Naturopathy & Integrative Healthcare
- Clinical Nutrition & Lifestyle Medicine
- Scientific Writing & Literature Review
- Thesis, Dissertation & Viva Voce

ADMISSION PROCESS:

The admission process is simple and student-friendly.

1. Obtain the Registration Form from the institute.
2. Fill in the required details and submit the necessary documents.
3. The institute will verify the submitted information.
4. Upon successful verification, complete the course fee payment.
5. Receive your admission confirmation and begin your learning journey with Chehar Institute.





START YOUR LEARNING JOURNEY TODAY!

Take the First Step Towards a Successful Career

GET IN TOUCH:



Chehar Institute: Gujarat, India



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